



Elmwood

Gymnastics Academy

*Programs Summary
& Class Schedules*



Competitive Girls' Artistic Gymnastics **Preschool Classes**
Non-Competitive Recreational Classes **Competitive Tumbling & Trampoline**

Our programs provide your children a comprehensive experience in developing skills such as body awareness and control, strength, flexibility, endurance, balance, and coordination... all while inspiring confidence. We offer comprehensive recreational and competitive programs in artistic gymnastics and tumbling and trampoline. At Elmwood Gymnastics, we will provide your child with a fun, safe and positive learning experience. Please call to schedule a tour of our 18,000 square ft. facility.

- EGA's Artistic Gymnastics Team has consistently placed in the top 5 nationally and has developed numerous athletes who are awarded college scholarships. The Artistic USAG qualified staff includes the Louisiana State TOPS Director and all are USAG Safety Certified.
- EGA's Tumbling & Trampoline (T&T) Team has 30 State Champions, 8 Regional Champions, 9 National Champions, and 4 U.S. National Team Members. Our Team coaches have been named to represent USAG at International Competitions, National committees and at National Testing.
- **Office Hours:**

Monday-Friday	3:00 pm - 8:00 pm	Phone: 504-733-4496
Saturday	9:00 am - 12:00 pm	Fax: 504-731-7184

Class Info:

(See Next Page for Class Schedules and Fees)

Classes are for members and non-members. We have discounts for EFC and OCF employees and members. One makeup per month is available for your child when they have missed a class. These classes must be scheduled through the office and are subject to availability.

Special Programs:

(See your child's instructor for more details.)

We offer artistic competitive team, Levels 2-Optionals. We also offer a Prep Optional Team. This team allows recreational students to partake in competitions without the time and commitment of Competitive Team. As for our T&T Program, pre-teams and teams are available for girls and boys of all ages. If your child is interested in being evaluated for competitive team, please see your instructor or call our office and speak with Elmwood Gymnastics Manager, Rebecca Bozeman.





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Class Schedules

Please Note: Availability in all classes is limited and may change at any time. We offer one FREE trial class for new members. Call to schedule a trial class!

		Tiny Tots Ages walking-3	Jumping Jacks Ages 3-4yrs	Munchkins Ages 4-5yrs	Kinder Kiddies Ages 5-6yrs
PRESCHOOL CLASSES: Ages walking-6	Mondays	6:30pm	5:45 pm	4:00 pm	4:45 pm
	Tuesdays	10:45 am	11:30 am 4:00/6:30 pm	5:45 pm	4:45 pm
	Wednesdays	10:00 am	10:45 am 5:00 pm & 6:30 pm	5:45 pm	4:00 pm
	Thursdays	4:00 pm	5:30 pm	4:45 pm	6:15 pm
	Fridays	5:15 pm	4:15 pm	6:00 pm	5:00 pm
	Saturdays	11:30 am	9:00 am	10:45 am	9:45 am
	MONTHLY TUITION:		45 min. class \$60	45 min. class \$60	45 min. class \$60

		Girls Beginner	Girls Int./Adv.	
ARTISTIC RECREATIONAL CLASSES: Ages 6-teen	Mondays	5:00/6:00	7:00	
	Tuesdays	4:00/5:00	6:00	
	Wednesdays	6:00/7:00	5:00	
	Thursdays	4:00/5:00	6:00	
	Fridays	4:00/5:00		
	Saturdays	10:00am 11:00 am	9:00	
	MONTHLY TUITION:			

		Beginner Tumbling	Intermediate Tumbling	Advanced Tumbling	Teen Tumbling	Trampoline Classes
T&T RECREATIONAL CLASSES: Ages 6-teen	Mondays	4:00 pm	6:00 pm			5:00 pm
	Tuesdays	5:00 pm	6:00 pm	4:00 pm	7:45 pm	
	Wednesdays	6:00 pm	4:00 pm			5:00 pm
	Thursdays			4:00 pm	7:45 pm	
	Fridays	5:00 pm				4:00 pm
	Saturdays	10:00 am	11:00 am	9:00 am		
	MONTHLY TUITION:					1 hour per week = \$65/month 2 hours per week = \$110/month

Annual registration fee: \$40.00 or \$60.00 (2+ children) family rate, which is drafted once a year. Payment: The monthly tuition MUST be drafted from a checking account or credit card.

Elmwood Gymnastics Academy is located at 700-C Elmwood Park Blvd. Harahan, LA 70123 –

(504) 733-4496